

## Syllabus for Ballet I;

CRN 38648 DANC-022K-01

DE ANZA COLLEGE DANCE/ THEATRE DEPARTMENT

Instructor: Janet Shaw **Office hrs. TTh 12:45pm-1:00pm, & by appointment**

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**in studio, Winter 2024**

**Meets:** TTh 11:30am-12:45pm, Satisfies 1 unit of GE requirement, Area E.

**CONTACT Instructor** email address: [shawjanet@fhda.edu](mailto:shawjanet@fhda.edu)

**Course Description:** Introduction to the discipline and creative art of classical ballet, focusing on the development of elementary movement theory and techniques, including ballet barre and elementary center floor exercises.

### **Student Learning Outcome Statements (SLO)**

- **Student Learning Outcome:** Analyze and employ basic elements of classical ballet technique.
- **Student Learning Outcome:** Perform elementary center floor exercises with proper body placement and coordination.

### **DROP POLICY: Instructor will not automatically drop students.**

Must be conducted by the student, if desired.

**READING:** Required (*Do not purchase, yet*): **Fahey's Fit & Well** (PE Dept. Standard)

Recommended: **The Ballet Companion** by Eliza Gaynor Minden (*OK to buy now*)

**FINAL EXAM Tuesday, March 26th, 11:30am-1:30pm**

**REQUIRED Dance performances to watch online:** Watch **one** of our **9 Options**, posted in our Canvas:

**Dance Studio Module Viewing Room.** Be sure to watch ALL of the videos in the Option Group you select.

Then **type up a one-page reflection**, and submit it in our **week 11 Module**. It's due: no later than **March 24<sup>th</sup>**, the Sunday before Final's week.

**IN CLASS PARTICIPATION:** Participation at class is a major portion of your grade. The second absence will lower your grade 2 points, as will each additional absence thereafter, unless made up.

**MAKE-UPS/** Classes can be made up by:

1. Taking the class you missed. **Its recording** is posted in the **Dance Studio** module's **Makeup Room**. After you take the class, **send me an email**, with a brief reflection.
2. Up to two classes can be made up by watching a 2<sup>nd</sup> and 3<sup>rd</sup> **Option** (see details above). Turn in one TYPED reflection (YOUR thoughts about what you saw) for each Option. Turn into the week 11 Module unit marked 1<sup>st</sup> makeup and/or 2<sup>nd</sup> makeup. Due: by the last day of instruction.
3. Acceptable Make-ups. Attendance at these Professional dance concerts can count as two makeups (Must submit 1 page TYPED & photo as described in Module):

**Jan. 18<sup>th</sup>-19<sup>th</sup>**

**Theatreworks** (*play*) presents **How I Learned What I Learned**

Weds., Th, Fri 8:00pm Mountain View Center for the Arts, 500 Castro St., MV Tickets FREE if RSVP.

(*see me for tickets*)

**Feb. 2, 7:30pm**

Friday

**New Ballet** (*contemporary ballet*) presents **Fast Forward**

Hammer Theatre Center, 101 Paseo De San Antonio,

San Jose, CA 95113 Tickets: \$25-35 <https://hammertheatre.com/events-list/>

**Feb. 8-10 Th, F, Sat.**

8pm

**Santa Clara Univ.** (*student/faculty dance concert*) presents **Images**

Santa Clara Univ. Veri Hall, 500 El Camino Real, Santa Clara, Tickets \$24-32

**Feb. 11 2pm**

Visit <https://scupresents.universitytickets.com/w/event.aspx?id=1767>

**Resources for Extra Help & Support** are in our **Dance Studio Module** in Canvas

## Grading Policy:

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### **Participation** in class =

45 points

PRIMARY, in class goals for Ballet I:

1. Keeping legs straight during tendus.
2. Pointing feet, as they leave the floor.
3. Keeping pelvis vertical, allowing for full outward rotation of hip sockets.
4. Stretching energy through arms, especially when held out in 2nd position.
5. Using energy throughout the entire body.
6. Motivation to work well in class.
7. Ability to maintain concentration in class.

All are allowed 1 absence. Additional absences need to be “made up”

**-2 points** for each missing make up

Two, 15-minute office hour **Ballet Check Ins** conducted, during weeks 4 and 8, by appointment.  
If BOTH are completed, can also count as one makeup.

### **Quizzes** =

35 points

Participation in online activities; each week will have a short video and very short, online multiple-choice quiz to take. May be taken multiple times until successful.

### **WATCH** 1 of 9 Options of dance video collections

Submit in **week 11 Module 1-page TYPED Reflection** =

10 points

### **Final Exam** =

10 points

During final's week. Includes:

Final class.

Final combination.

Both performed as a class & recorded.

Both played back for review during class

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100 Total

Summary: If you successfully **complete all of the above**, you **will have earned an A** in this class.

FYI Websites for Dance Performances are:

[www.baydance.com](http://www.baydance.com) and <https://www.sanjose.org/events?category=Dance>